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Venous RF Ablation Post-Treatment instructions:

Return to normal activities

Refrain from strenuous activities: 2 days

Pain medication: as directed

Compression stockings: 2 days

Ambulation instructions: 90 minutes a day for 2 days

Remove bandage after: 2 days

Follow-up visit: in 3 to 5 days

It is normal to experience some tenderness and possible bruising in the areas where local anesthesia was administered.

Call your physician immediately if you experience any of the following:

- Prolonged tenderness, redness or warmth along the treated segment
- Moderate to severe pain, preventing return to normal activities
- Shortness of breath