



Cardiovascular Medicine
Equbal Kalani, MD, FACC

1501 South Pinellas Avenue, Suite 8, Tarpon Springs, FL 34689
Phone: (727)-943-2880 Fax: (727)-943-2878



PHYSICIAN

Venous Ablation Post-Treatment Regimen Card

- € Return to normal activities
- € Refrain from strenuous activities: _____ days
- € Pain medication: _____
- € Compression stockings: _____ days
- € Ambulation instructions: _____ minutes a day for _____ days
- € Remove bandage after: _____ days
- € Follow-up visit: _____

It is normal to experience some tenderness and possible bruising in the areas where local anesthesia was administered.

Call your physician immediately if you experience any of the following:

- Prolonged tenderness, redness or warmth along the treated segment
- Moderate to severe pain, preventing return to normal activities
- Shortness of breath
- Swelling in the treated limb